

Date 21 December 2009

PRESS RELEASE

Mid-States PLC (the “Company”)

RESULT OF AGM

Mid-States announces that all resolutions proposed at the Annual General Meeting held earlier today were duly passed.

In accordance with AIM Rule 20, Mid-States also announces that the report & accounts of the Company for the year ended 30 June 2009 were posted to shareholders prior to the Annual General Meeting and can be downloaded from the Company’s website at www.mid-statesplc.com.

For further information:

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John Bateson, Chairman

Tony Hunter, Company Secretary