



8 January 2009

Mid-States PLC
("Mid-States" or the "Company")

Notice of Annual General Meeting

Mid-States announces that Notice of the Annual General Meeting of the Company, to be held at Masters House, 107 Hammersmith Road, London W14 0QH at 10 am on Friday 30 January 2009, has been posted to shareholders and can be downloaded from the Company's website at www.mid-statesplc.com.

For further information:

Mid-States PLC

Tel: +44 (0) 20 7603 1515

Tony Hunter, Company Secretary