



**1 October 2008**

**Mid-States PLC**  
("Mid-States" or the "Company")

**Resignation of Non-Executive Director**

Mid-States PLC announces that Paul Dumond, a non-executive director of the Company, has resigned with effect from 30 September 2008, in order that he may focus solely on his role as Chief Operating Officer of CIM Investment Management Limited.

The Board would like to thank Mr Dumond for his services to the Company, of which he has been a non-executive director since 1996, and wishes him well for the future.

For further information:

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David J Plucinsky, Chairman