

**10 April 2008**

**Mid-States PLC (“Mid-States” or the “Company”)**

**Announcement of Grant of Options**

Mid-States announces that on 10 April 2008 Andrew Tonks, the Company’s Finance Director, was granted an option to acquire 100,000 ordinary shares of 1 pence (“Shares”) in the Company, at an exercise price of 23.75 pence per Share, under the Company’s 1999 Stock Option Plan (“the Plan”). In terms of the Plan, the option normally becomes exercisable in tranches of one third on each anniversary following the date of grant.

Mr Tonks now holds options over a total of 275,000 Shares.

For further information:

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Tony Hunter, Company Secretary