

7 December 2007

Mid-States plc ("Mid-States" or "the Company")

Report & Accounts posted

In accordance with AIM Rule 20, the report & accounts of the Company for the year ended 30 June 2007 have been posted to shareholders and can be downloaded from the Company's website at www.mid-statesplc.com.

Mid-States PLC

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Tony Hunter

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Jonathan Rhodes

Justine McIlroy

Alex Tweed